

# Bhagavad Gita

Vedic Society Hindu Temple,  
Southampton



# Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam  
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah  
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai  
Tejasvina Vadhi Tamastu Maa Vidvishavahai  
Aum Shanti Shanti Shantihi



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# Summary

Chapter 1. Arjuna Vishad Yoga - Path of Arjuna's Despondency

Chapter 2. Sankhya Yoga - Path of Knowledge

Chapter 3. Karma Yoga - Path of Action

- Ishvara Arpan buddhi
- Prasad buddhi

# Chapter 4

## Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

# Chapter 4

v18 One who sees inaction in action and action in inaction is wise.

v24 Everything is Brahman. See Brahman in all actions.



# Chapter 4

## Yagna Spirit

Self-dedicated activity for the service of the many

# Chapter 4

31. The result of Yagna is Self control and Inner integration
32. All the Yagnas lead to gate of Brahman.
33. Gyana yagna is superior to Dravya yagna
34. Knowledge from a Guru after surrender, question, service.
35. Knowledge will remove your delusion forever.
36. The most sinful of sinners shall cross all sins by the raft of Knowledge.



## Verse 4.37

yathaidhamsi samiddho 'gnir  
bhasma-sat kurute 'rjuna  
jnanagnih sarva-karmani  
bhasma-sat kurute tatha



V4.37

As the blazing fire reduces fuel to ashes, O Arjuna,  
so does the Fire-of-Knowledge reduce all actions to ashes.

## Verse 4.38

na hi jnanena sadrsam  
pavitram iha vidyate  
tat svayam yoga-samsiddhah  
kalenatmani vindati



V4.38

Certainly there is no purifier in this world like Knowledge.

He who is himself perfected in Yoga finds it in the Self in time.

## Verse 4.39

sraddhaval labhate jnanam  
tat-parah samyatendriyah  
jnanam labdhva param santim  
acirenadhigacchati



V4.39

One who is full of faith, who is devoted to It, and who has subdued the senses, obtains this Knowledge; and having obtained this Knowledge, before long they attain the Supreme Peace



## Verse 4.40

ajnas casraddadhanas ca  
samsayatma vinasyati  
nayam loko 'sti na paro  
na sukham samsayatmanah



V4.40

The ignorant, the faithless,  
the one with the doubting mind goes to destruction;  
For the one with the doubting mind this world is not there,  
nor the world beyond, nor happiness.



# Bhagavad Gita

## Questions & Comments



# Bhagavad Gita

Next class 16 Nov 2023 at 7:30pm





# Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya  
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya  
Tamaso Ma Jyotir Gamaya  
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,  
Poornasya Poornam-adaya, Poornam-eva Vashisyate.  
Aum Shanti Shanti Shantihi