

# Bhagavad Gita

Vedic Society Hindu Temple,  
Southampton



# Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam  
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah  
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai  
Tejasvina Vadhi Tamastu Maa Vidvishavahai  
Aum Shanti Shanti Shantihi



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# Chapter 4

## Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

# Chapter 4

24. See Brahman in all actions

25 to 30 Twelve Yagna practices

# Chapter 4

## Yagna Spirit

Self-dedicated activity for the service of the many



# Chapter 4

24. See Brahman in all actions

25 to 30 Twelve Yagna practices

31. The result of Yagna is Self control and Inner integration and this aids attaining the Supreme

32. All the Yagnas lead to gate of Brahman.

33. Gyana yagna is superior to Dravya yagna

## Verse 4.34

tad viddhi pranipatena  
pariprasnena sevaya  
upadeksyanti te jnanam  
jnaninas tattva-darsinah



V4.34

Know that by long prostration,  
by question and service,  
the wise who have realised the Truth  
will instruct you in that Knowledge.



## Verse 4.35

yaj jnatva na punar moham  
evam yasyasi pandava  
yena bhutany asesani  
draksyasy atmany atho mayi



V4.35

Knowing that, you shall not, O Pandava, again get deluded like this;  
and by that, you shall see all beings in your Self and also in Me.

## Verse 4.36

api ced asi papebhyah  
sarvebhyah papa-krt-tamah  
sarvam jnana-plavenaiva  
vrjinam santarisyasi



V4.36

Even if you are the most sinful of all sinners,  
yet you shall verily cross all sins by the raft of Knowledge

## Verse 4.37

yathaidhamsi samiddho 'gnir  
bhasma-sat kurute 'rjuna  
jnanagnih sarva-karmani  
bhasma-sat kurute tatha



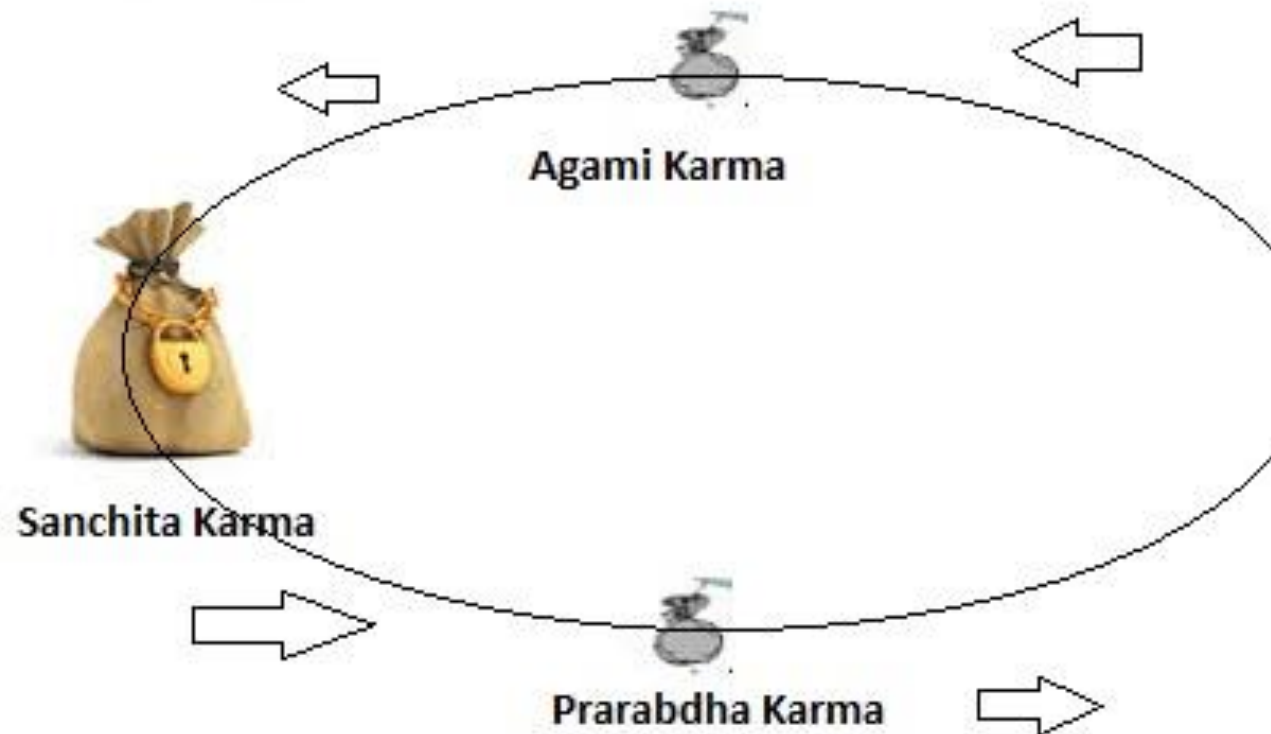
V4.37

As the blazing fire reduces fuel to ashes, O Arjuna,  
so does the Fire-of-Knowledge reduce all actions to ashes.



# Karma

## LAW OF KARMA



*The body is decided based on prarabdha karma, lot of punyas will lead you to a body of human, lot of papa (bad deeds) will pull you down into animals body causing sufferings.*

## Verse 4.37

yathaidhamasi samiddho 'gnir  
bhasma-sat kurute 'rjuna  
jnanagnih sarva-karmani  
bhasma-sat kurute tatha



V4.37

As the blazing fire reduces fuel to ashes, O Arjuna,  
so does the Fire-of-Knowledge reduce all actions to ashes.

## Verse 4.38

na hi jnanena sadrsam  
pavitram iha vidyate  
tat svayam yoga-samsiddhah  
kalenatmani vindati



V4.38

Certainly there is no purifier in this world like Knowledge.  
He who is himself perfected in Yoga finds it in the Self in time.



# Matrix of Spiritual Practice (Vedanta)

Problem	Solution	Method
<i>Agyana</i> - Ignorance	<i>Gyana</i> - Knowledge	<i>Shravanam</i> - Hear <i>Mananam</i> - Contemplate <i>Nidhidhyasana</i> - Meditate
<i>Vikshepa</i> – Unfocused	<i>Ekagrata</i> - Focus	<i>Upasana</i> – Meditate
<i>Chitta Mala</i> – Impure Mind	<i>Chitta Sudhi</i> – Purity of Mind	<i>Karma Yoga</i> – Path of Action

Based on Swami Sarvapriyananda talks

# Bhagavad Gita

## Questions & Comments



# Bhagavad Gita

Next class 12 Oct 2023 at 7:30pm





# Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya  
Sarve Bhadrani Pashyantu, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya  
Tamaso Ma Jyotir Gamaya  
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,  
Poornasya Poornam-adaya, Poornam-eva Vashisyate.  
Aum Shanti Shanti Shantihi