

# Bhagavad Gita

Vedic Society Hindu Temple,  
Southampton



# Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam  
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah  
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai  
Tejasvina Vadhi Tamastu Maa Vidvishavahai  
Aum Shanti Shanti Shantihi

# Chapter 4

## Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

# Chapter 4

Bhagavad Gita leads to transformation

Shravanam - Listen to the Truth

Mananam - Contemplate the Truth

Nidhidhyasana - Live the Truth

Atman & Brahman - Sat Chit Ananda

# Chapter 4

1. Know Krishna in his true nature
2. The Reality behind the variety is the one Brahman
3. Recognise inaction in action

## Verse 4.19

yasya sarve samarambhah  
kama-sankalpa-varjitah  
jnanagni-dagdha-karmanam  
tam ahuh panditam budhah



V4.19

The sages call a person wise when all their undertakings are free from desires and selfish purposes (free from anxiety about results); all their actions have been consumed in the fire of knowledge.

## Verse 4.20

tyaktva karma-phalasangam  
nitya-trpto nirasrayah  
karmany abhipravrtto 'pi  
naiva kincit karoti sah



V4.20

Abandoning all attachment to the results of his activities, ever satisfied and independent, he performs no fruitive action, although engaged in all kinds of undertakings.

## Verse 4.21

nirasir yata-cittatma  
tyakta-sarva-parigraha  
sariram kevalam karma  
kurvan napnoti kilbisam



V4.21

One who is free from desires, whose mind and intellect are under control, and who has renounced all proprietorship of possessions, does not incur sin (Karmic reaction) by doing bodily action.



## Verse 4.22

yadrccha-labha-santusto  
dvandvatito vimatsarah  
samah siddhav asiddhau ca  
krtvapi na nibadhyate



V4.22

Content with what comes to him without effort,  
free from the pairs-of-opposites and does not compete,  
even minded in success and failure,  
though acting is not bound.

## Verse 4.23

gata-sangasya muktasya  
jnanavasthita-cetasah  
yajnayacaratah karma  
samagram praviliyate



V4.23

Of one who is devoid of attachment, who is liberated,  
whose mind is established in knowledge,  
who acts for the sake of sacrifice, all his actions are dissolved.

## Verse 4.24

brahmarpanam brahma havir  
brahmagnau brahmana hutam  
brahmaiva tena gantavyam  
brahma-karma-samadhina



V4.24

Brahman is the oblation;  
Brahman is the clarified butter, etc., constituting the offerings;  
by Brahman is the oblation poured into the fire of Brahman;  
Brahman verily shall be reached by  
him who always sees Brahman in all actions.

# Bhagavad Gita

## Questions & Comments



# Bhagavad Gita

Next class 17 Aug 2023 at 7:30pm



# Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya  
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya  
Tamaso Ma Jyotir Gamaya  
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,  
Poornasya Poornam-adaya, Poornam-eva Vashisyate.  
Aum Shanti Shanti Shantihi