

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 4

Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

Chapter 4

14. No work affects Me nor do I aspire to the fruits of action.

15. Ancient seekers did action in this Knowledge

16. & 17. Karma Vikarma & Akarma

Verse 4.18

karmany akarma yah pasyed
akarmani ca karma yah
sa buddhiman manusyesu
sa yuktaḥ kṛtsna-karma-kṛt



V4.18

One who sees inaction in action, and action in inaction, lives in wisdom.
Their consciousness is unified and their every act is done with complete awareness.

Chariot

Body (Śarīra)



Consciousness
(Ātman)

Higher Intellect
(Buddhi)

Mind
(Manas)

Senses (Indriyas)



(based on the Katha Upanishad)

ACTION

Non - Self

BMI

Ego



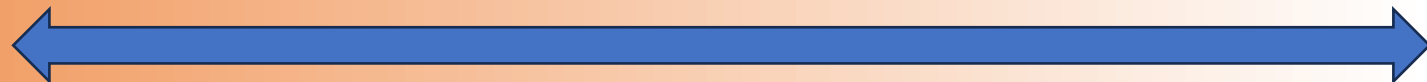
Witness Consciousness
(Detached Observer)

INACTION

Self



Non - Self



Self

Verse 4.18

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Their consciousness is unified and their every act is done with complete awareness.

Verse 4.19

yasya sarve samarambhah
kama-sankalpa-varjitah
jnanagni-dagdha-karmanam
tam ahuh panditam budhah



V4.19

The sages call a person wise when all their undertakings are free from desires and selfish purposes (free from anxiety about results); all their actions have been consumed in the fire of knowledge.

Verse 4.20

tyaktva karma-phalasangam
nitya-trpto nirasrayah
karmany abhipravrtto 'pi
naiva kincit karoti sah



V4.20

Abandoning all attachment to the results of his activities, ever satisfied and independent, he performs no fruitive action, although engaged in all kinds of undertakings.

Verse 4.21

nirasir yata-cittatma
tyakta-sarva-parigraha
sariram kevalam karma
kurvan napnoti kilbisam



V4.21

One who is free from desires, whose mind and intellect are under control, and who has renounced all proprietorship of possessions, does not incur sin (Karmic reaction) by doing bodily action.

Verse 4.22

yadrccha-labha-santusto
dvandvatito vimatsarah
samah siddhav asiddhau ca
krtvapi na nibadhyate



V4.22

Content with what comes to him without effort,
free from the pairs-of-opposites and does not compete,
even minded in success and failure,
though acting is not bound.

Bhagavad Gita

Questions & Comments



Bhagavad Gita

Next class 13 July 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyantu, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi