

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 4

Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

Verse 4.10

vita-raga-bhaya-krodha
man-maya mam upasritah
bahavo jnana-tapasa
puta mad-bhavam agatah



V4.10

Being freed from attachment, fear and anger,
being fully absorbed in Me and taking refuge in Me,
many persons in the past became purified by knowledge of Me
many have attained My Being.

Verse 4.11

ye yatha mam prapadyante
tams tathaiva bhajamy aham
mama vartmanuvartante
manusyah partha sarvasah



V4.11

In whatever way people approach Me,
I reciprocate (reward, serve) them accordingly;
Everyone treads My path in all ways O son of Pritha.

Verse 4.12

kanksantah karmanam siddhim
yajanta iha devatah
ksipram hi manuse loke
siddhir bhavati karma-ja



V4.12

People who long for satisfaction from actions in this world,
make sacrifices to the gods; because satisfaction is quickly obtained
from actions in the world of objects.

Verse 4.13

catur-varnyam maya srstam
guna-karma-vibhagasah
tasya kartaram api mam
viddhy akartaram avyayam



V4.13

I created the four divisions of human society
based on aptitude (gunas) and vocation (karma).

Although I am the author of this system of division of labour,
one should know that I do nothing directly and I am unchanging.

Varna by Gunas

Gunas - Qualities or Aptitude

Brahmana

Sattva 60%, Rajas 30% Tamas 10%

Peace loving, knowledge orientated, self controlled, far sighted.

Kshatriya

Sattva 30%, Rajas 60%, Tamas 10%

Dynamic, fearless, go getter, good leaders.

Vaishya

Sattva 10%, Rajas 60%, Tamas 30%

Resourceful, active, profit seeking, deal makers

Sudra

Sattva 10%, Rajas 30%, Tamas 60%

Good followers and helpers,

Varna by Karma

Karma - Occupation or Profession

Brahmana

Thinkers, visionaries, advisors, philosophers, researchers, scholars, planners, policy makers, teachers.

Kshatriya

Leaders, rulers, executers, organisers, administrators, police, army.

Vaishya

Create wealth, produce food, traders, transact, run businesses

Sudra

Service industry, labourers, manual workers, artisans.

Verse 4.14

na mam karmani limpanti
na me karma-phale sprha
iti mam yo 'bhijanati
karmabhir na sa badhyate



V4.14

There is no work that affects Me;
nor do I aspire for the fruits of action.

One who understands this truth about Me also
does not become entangled in the fruitive reactions of work.

Bhagavad Gita

Questions & Comments



Bhagavad Gita

Next class 22 June 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi