Bhagavad (jita Vedic Society Hindu Temple, Southampton



Prarthana

Aum Aum Aum Aum Vasudevasutam Devam, Kansa Chanura Mardanam Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai Tejasvina Vadhi Tamastu Maa Vidvishavahai Aum Shanti Shanti Shantihi

Bhagavad Gita

4 Goals of Life (Purushartha)

Dharma (Righteous Duty)

Artha (Prosperity)

Kama (Pleasure)

Moksha (Self-realization)

Mahavakyas (Great sayings)

Tat Tvam Asi (You are That)

Aham Brahmasmi (I am Brahman)

Prajnanam Brahma (Consciousness is Brahman)

Ayam Atma Brahma (This Self is Brahman)

Bhagavad Gita Chapters

You - Are - That
Chapter 1 to 6 - You
Chapter 7 to 12 - Supreme
Chapter 13 to 18 - Relationship

Arjuna Vishada Yoga

The Path of Arjuna's Despondency

Sankhya Yoga

The Path of Knowledge

Karma Yoga

The Path of Action

Verse 3.41 - 43



tasmat tvam indriyany adau niyamya bharatarsabha papmanam prajahi hy enam jnana-vijnana-nasanam

V3.41

Therefore, O Arjuna, best of the Bharatas, in the very beginning curb this great symbol of sin (desire) by regulating the senses, and slay this destroyer of knowledge and wisdom.

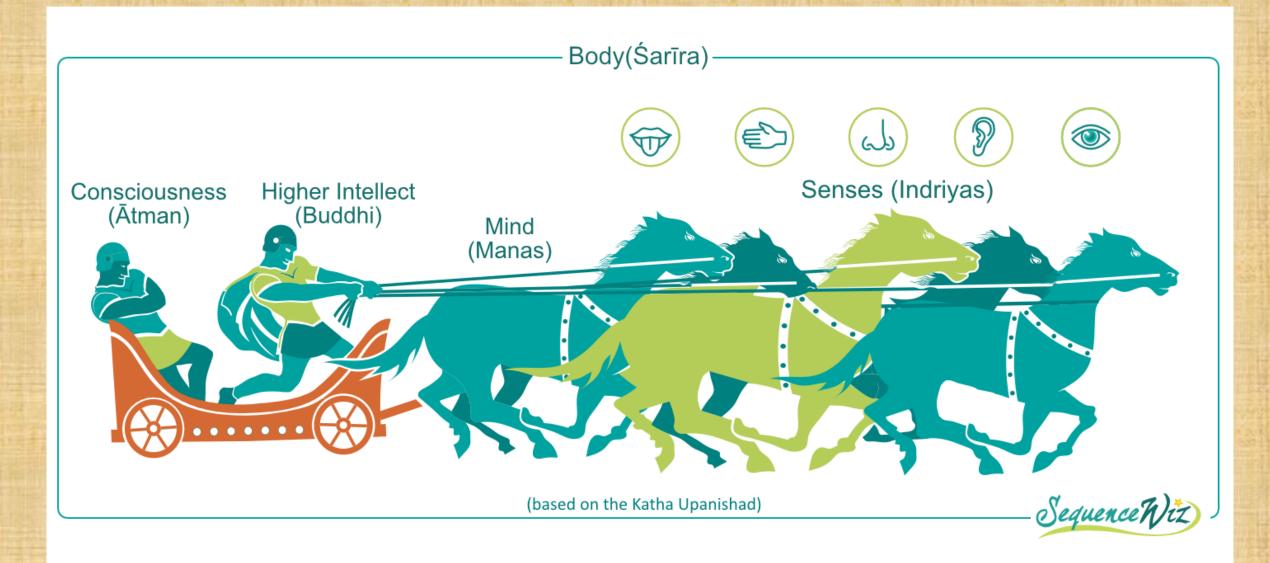
indriyani parany ahur indriyebhyah param manah manasas tu para buddhir yo buddheh paratas tu sah

V3.42
The senses are superior (to objects);
mind is higher than the senses;
intellect is still higher than the mind;
and the atman is even higher than the intellect.

Self (Atman)
Intellect (Buddhi)
Mind (Manas)
Senses (Indriya)
Objects

V3.42
The working senses are superior (to objects); mind is higher than the senses; intellect is still higher than the mind; and the atman is even higher than the intellect.

Chariot



evam buddheh param buddhva samstabhyatmanam atmana jahi satrum maha-baho kama-rupam durasadam

V3.43
Thus knowing the Self to be superior to the intellect and becoming established in the Self conquer this formidable enemy desire,
O mighty armed Arjuna.

End of Chapter 3



Sankalpa Vakya

om tat sat iti srimad bhagavadgeetaasu upanishatsu brahma vidyaayaam yogashaastre sri krishnaarjuna samvaade Karma yogo naama trtiyo'dyaayah Harihi Om

Thus in the Upanishads of the glorious Bhagavad Gita, the Brahma vidya (science of the Eternal), Yoga shashtra (the scripture of Yoga), the dialogue between Sri Krishna and Arjuna ends the third chapter entitled the Path of Action.

Gyana Karma Sannyasa Yoga

The Path of Renunciation of Action in Knowledge

1 to 5 It begins with Krishna explaining that this teaching is ancient 6 to 8 Krishna explains about avatar and the purpose of avatar 9 to 13 Actions to get Higher Knowledge to get freedom 14 to 23 How to perform these actions 24 to 34 Yagna spirit

35 to 42 How to obtain Knowledge from the guru.

Benefits of Knowledge.



॥ श्रीमद्भगवद्गीता ॥

Scimod Bhogavad Gita

Chapter IV

॥ ज्ञानकमेसन्यासयागः॥

Jihanakarmasannyasa Yogab

Yoga of Remunciation of Action in Knowledge

sri-bhagavan uvaca
imam vivasvate yogam
proktavan aham avyayam
vivasvan manave praha
manur iksvakave 'bravit

V4.1
The Blessed Lord said:
I instructed this imperishable spiritual Knowledge
to the sun-god, Vivasvan, and Vivasvan instructed it to Manu,
the father of mankind, and Manu in turn instructed it to Iksvaku.



॥ श्रीमद्भगवद्गीता ॥

Scimod Bhagavad Gita

Chapter IV

॥ ज्ञानकमेसन्यासयागः॥

Jihanakarmasannyasa Yogab

Yoga of Remunciation of Action in Knowledge

evam parampara-praptam imam rajarsayo viduh sa kaleneha mahata yogo nastah parantapa

V4.2

This supreme Knowledge was thus handed down in succession, and the saintly kings understood it in that way.

But in course of time the succession was broken, and therefore the Knowledge as it is appears to be lost.



॥ श्रीमद्भगवद्गीता ॥

Scimod Bhogavad Gita

Chapter IV

। ज्ञानकमेसन्यासयागः ॥

Jihanakarmasannyasa Yogab

Yoga of Remunciation of Action in Knowledge

sa evayam maya te 'dya yogah proktah puratanah bhakto 'si me sakha ceti rahasyam hy etad uttamam

V4.3

That very ancient Yoga (science of the relationship with the Supreme) is today taught by Me to you because you are My devotee as well as My friend; therefore you can understand this Supreme Secret.



॥ श्रीमद्भगवद्गीता ॥

Scimod Bhogavad Gita

Chapter IV

॥ ज्ञानकमेसन्यासयागः॥

Jihanakarmasannyasa Yogab

Yoga of Reminciation of Action in Knowledge

arjuna uvaca
aparam bhavato janma
param janma vivasvatah
katham etad vijaniyam
tvam adau proktavan iti

V4.4

Arjuna said: The sun-god Vivasvan is senior by birth to You. How am I to understand that in the beginning
You instructed this Knowledge to him?



॥ श्रीमद्भगवद्गीता ॥

Scimod Bhogavad Gita

Chapter IV

॥ ज्ञानकमेसन्यासयागः॥

Jihanakarmasannyasa Yogab

Yoga of Remunciation of Action in Knowledge

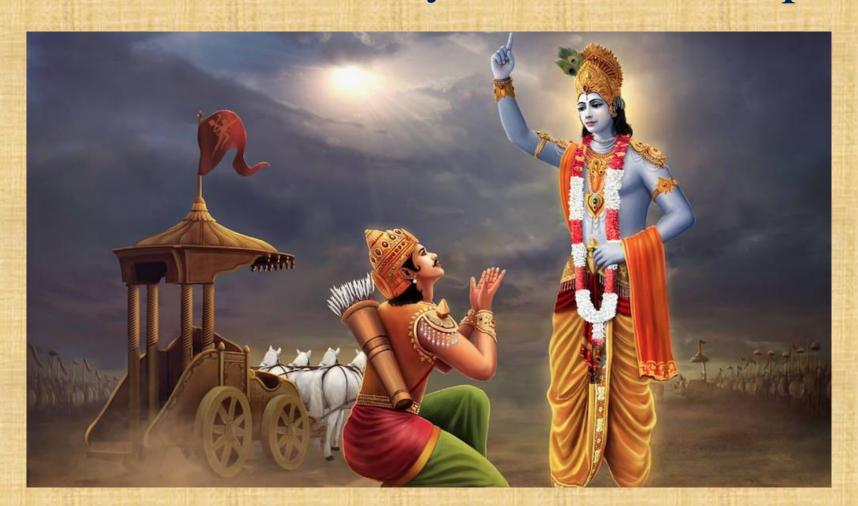
sri-bhagavan uvaca
bahuni me vyatitani
janmani tava carjuna
tany aham veda sarvani
na tvam vettha parantapa

V4.5
The Blessed Lord said:
Many, many births both you and I have passed.
I can remember all of them, but you cannot, O subduer of the enemy!

Bhagavad Gita Questions & Comments



Bhagavad Gita Next class 18 May 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya Sarve Bhadrani Pashyantu, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya Tamaso Ma Jyotir Gamaya Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate, Poornasya Poornam-adaya, Poornam-eva Vashisyate. Aum Shanti Shanti Shantihi