

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 3

Karma Yoga

The Path of Action

Chapter 3 - Karma Yoga

- No choice about action.
- Law of Yagna since the creation of the Universe.
- Circle of Action
- Lok Sangraham. Welfare of the people.
- Actions are Prakriti (BMI) working amidst Prakriti (world).

Chapter 3 - Karma Yoga

- Dedicate all action to the Supreme
- Mind centred on the Self
- Free from desire
- Free from attachment and
- Free from mental fever

- Do your prescribed duty (fight).

Verse 3.33 – 3.35



Verse 3.33

sadr̥sam cestate svasyah
prakrter jnanavan api
prakrtim yanti bhutani
nigrahah kim karisyati

V3.33

Even a man of knowledge acts according to his own nature, for everyone follows his nature. What can repression accomplish?

Verse 3.34

indriyasyendriyasyarthe
raga-dvesau vyavasthitau
taylor na vasam agacchet
tau hy asya paripanthinau

V3.34

Attraction and repulsion for sense objects are felt by embodied beings, but one should not fall under the control of senses and sense objects because they are stumbling blocks on the path of Self-realization.

Verse 3.35

sreyan sva-dharmo vigunah
para-dharmat sv-anusthitat
sva-dharme nidhanam sreyah
para-dharmo bhayavahah

V3.35

It is far better to discharge one's prescribed duties, even though they may be faulty, than another's duties. Death in the course of performing one's own duty is better than engaging in another's duties, for to follow another's path is dangerous.

Verse 3.36



दासीदेयुरिमे श्लोकाः
न कुर्यात् कर्म चेदहम् ।
राष्ट्रस्य च कर्ता स्या
उपाहन्यामिमाः प्रजाः ॥ ३-२४ ॥

daasīdeyurime lokāḥ
na kuryāt karma cedaham |
raṣṭrasya cha kartā syām
upahanyāmi māh prajāḥ ॥ 3-24 ॥

Verse 3.36

arjuna uvaca

atha kena prayukto 'yam

papam carati purusah

anicchann api varsneya

balad iva niyojitah

V3.36

Arjuna said: O descendant of Vrsni, by what is one impelled to sinful acts, even unwillingly, as if engaged by force?

Verse 3.37



दासीदेयुरिमे श्लोकाः
न कुर्यात् कर्म चेदहम् ।
साह्वरस्य च कर्ता स्या
उपाहन्यामिमाः प्रजाः ॥ ३-२४ ॥

daasīdeyurime lokāḥ
na kuryāt karma cedaham |
sahvarasya cha kartā syām
upahanyāmimāḥ prajāḥ ॥ 3-24 ॥

Verse 3.37

sri-bhagavan uvaca
kama esa krodha esa
rajo-guna-samudbhavah
mahasano maha-papma
viddhy enam iha vairinam

V3.37

The Blessed Lord said: It is craving (intense desire), Arjuna, which is born of rajas guna (the material mode of passion) and later transformed into anger, and which is voracious. It produces great sin and it is the enemy.

Verse 3.38



Verse 3.38

dhumenavriyate vahnir
yathadarso malena ca
yatholbenavrto garbhas
tatha tenedam avrtam

V3.38

As fire is covered by smoke, as a mirror is covered by dust, or as the embryo is covered by the womb, similarly this (Wisdom) is covered by different degrees of this desire.

Bhagavad Gita

Questions & Comments



Bhagavad Gita

Next class 27 April 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi