

# Bhagavad Gita

Vedic Society Hindu Temple,  
Southampton



# Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam  
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah  
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai  
Tejasvina Vadhi Tamastu Maa Vidvishavahai  
Aum Shanti Shanti Shantihi

# Chapter 3

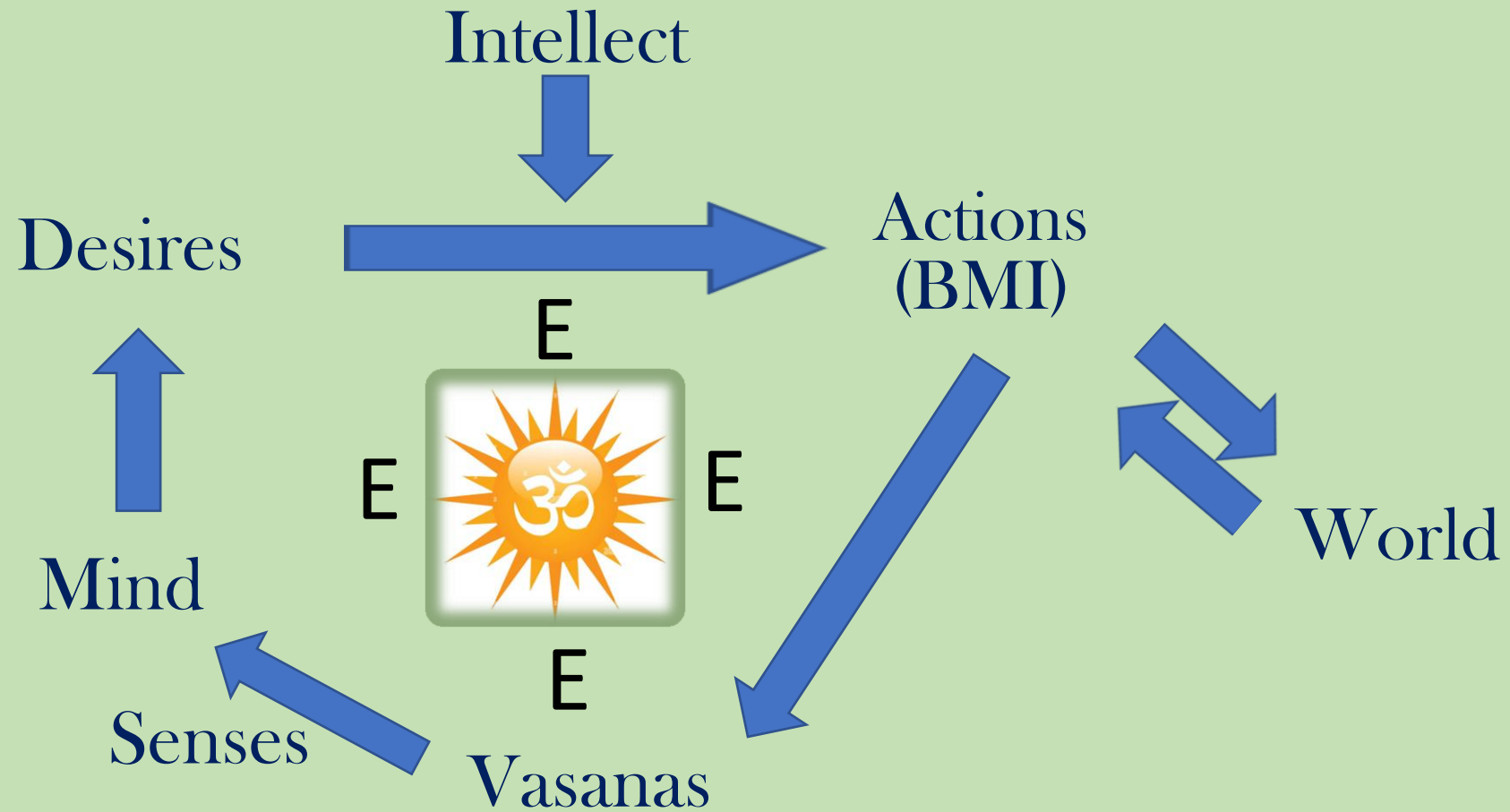
## Karma Yoga

### The Path of Action

# Chapter 3 - Karma Yoga

- No choice about action
- Law of Yagna since the creation of the Universe
- Lok Sangraham. Welfare of the people
- Prakriti consisting of the gunas and actions.  
Prakriti interacts with vasanas and results in the actions of the individual.
- Ignorance (Avidya) and Ego (Ahankara) gives rise to individuality and results in Desire and Attachment.

# Mechanism of Action



# Chapter 3 - Karma Yoga

- No choice about action
- Law of Yagna since the creation of the Universe
- Lok Sangraham. Welfare of the people
- Prakriti consisting of the gunas and actions.  
Prakriti interacts with vasanas and results in the actions of the individual.
- Ignorance (Avidya) and Ego (Ahankara) gives rise to individuality and results in Desire and Attachment.

## Verse 3.29



दासीदेयुरिमे श्लोकाः  
न कुर्यात् कर्म चेदहम् ।  
साह्वरस्य च कर्ता स्या  
उपाहन्यामिमाः प्रजाः ॥ ३-२९ ॥

daasīdeyurime lokāḥ  
na kuryāt karma cedaham |  
sahvarasya cha kartā syām  
upahanyāmimāḥ prajāḥ ॥ 3-29 ॥

## Verse 3.29

prakrter guna-sammudhah  
sajjante guna-karmasu  
tan akrtsna-vido mandan  
krtsna-vin na vicalayet

V3.29

Those deluded by the qualities of Nature (gunas) are attached to the functions of the qualities (gunas).

Those who are in perfect knowledge should not unsettle the foolish one who is of imperfect knowledge.



## Verse 3.30



## Verse 3.30

mayi sarvani karmani  
sannyasyadhyatma-cetasa  
nirasir nirmamo bhutva  
yudhyasva vigata-jvarah

V3.30

Dedicating all action to Me with  
the mind centred on the Self,  
free from desire, attachment and mental fever,  
do your prescribed duty (fight).

# Verse 3.31



## Verse 3.31

ye me matam idam nityam  
anutisthanti manavah  
sraddhavanto 'nasuyanto  
mucyante te 'pi karmabhih

V3.31

People who constantly practice this teaching of Mine,  
full of faith and without cavil,  
become free from the bondage of fruitive actions.

## Verse 3.32



उत्सीदेषुरिमे श्लोकाः  
न कुर्यात् कर्म चेदहम् ।

राष्ट्रस्य च कर्ता स्यात्  
उपाहन्यामिमाः प्रजाः ॥ ३-२४ ॥

utśīdeṣurime ślokaḥ  
na kuryāt karma cedaḥam |

raṣṭrasya ca kartā syāt  
upāhanṅyāmi māḥ prajāḥ || 3-24 ||

raṣṭrasya ca kartā syāt  
upāhanṅyāmi māḥ prajāḥ || 3-24 ||

upāhanṅyāmi māḥ prajāḥ || 3-24 ||

## Verse 3.32

ye tv etad abhyasuyanto  
nanutisthanti me matam  
sarva-jnana-vimudhams tan  
viddhi nastan acetasah

V3.32

But those who carp at My teachings and do not practice them regularly, are to be considered deluded in all knowledge and devoid of discrimination, know them to be doomed to destruction.

## Verse 3.33



# Bhagavad Gita

## Questions & Comments





# Bhagavad Gita

Next class 13 April 2023 at 7:30pm



# Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya  
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya  
Tamaso Ma Jyotir Gamaya  
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,  
Poornasya Poornam-adaya, Poornam-eva Vashisyate.  
Aum Shanti Shanti Shantihi