

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 3

Karma Yoga

The Path of Action

Chapter 3 - Karma Yoga

- Control of the senses by the Mind
- Engage organs of action
- Natural law of Sacrifice (Yagna)
- Yagna spirit
- Service to the Supreme, attitude of gratitude
- Wheel of Action
- Give and share generously
- The Self-realized rejoices in the Self
- Role models
- Act without attachment to lead people on right path

Verse 3.27



डात्सीदेयुरिमे श्लोकाः
न कुर्वन् कर्म चेदहम् ।
साह्वरस्य च कर्ता स्या
उपाहन्यामिमाः प्रजाः ॥ ३-२७ ॥

atādeyurime lokāḥ
na kurvan karmā cedaham |
sahvarasya ca kartā syām
upahanyāmināḥ prajāḥ ॥ 3-27 ॥

Verse 3.27

prakrteh kriyamanani
gunaih karmani sarvasah
ahankara-vimudhatma
kartaham iti manyate

V3.27

The forces of Nature (Gunas) do all the work, the actions,
but deluded by the ego,
people assume themselves to be the doer.

Verse 3.28



उत्सीदेषुरिमे श्लोकाः
न कुर्वीत कर्म चेदहम् ।
सर्व्वस्य च कर्ता स्यां
उपाहन्यामिमाः प्रजाः ॥ ३-२४ ॥

utśīdeṣurime lokāḥ
na kurvīti karma cedaham |
sarvasya cha kartā syāmi
upahanyāmi māḥ prajāḥ ॥ 3-24 ॥

Verse 3.28

tattva-vit tu maha-baho
guna-karma-vibhagayoh
guna gunesu vartanta
iti matva na sajjate

V3.28

But he who knows the Truth, O Mighty armed (Arjuna) about the divisions of the qualities and their functions, knowing that the gunas as senses move amidst the gunas as the sense-objects, is not attached.

Verse 3.29



दासीदेयुरिमे श्लोकाः
न कुर्यात् कर्म चेदहम् ।
साह्वरस्य च कर्ता स्या
उपाहन्यामिमाः प्रजाः ॥ ३-२९ ॥

daasīdeyurime lokāḥ
na kuryāt karma cedaham |
sahvarasya cha kartā syām
upahanyāmi māb prajāḥ ॥ 3-29 ॥

Verse 3.29

prakrter guna-sammudhah
sajjante guna-karmasu
tan akrtsna-vido mandan
krtsna-vin na vicalayet

V3.29

Those deluded by the qualities of Nature (gunas) are attached to the functions of the qualities (gunas).

Those who are in perfect knowledge should not unsettle the foolish one who is of imperfect knowledge.

Verse 3.30



Verse 3.30

mayi sarvani karmani
sannyasyadhyatma-cetasa
nirasir nirmamo bhutva
yudhyasva vigata-jvarah

V3.30

Dedicating all action to Me with
the mind centred on the Self,
free from desire, attachment and mental fever,
do your prescribed duty (fight).

Bhagavad Gita

Questions & Comments



Bhagavad Gita

Next class 6 April 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi