# Bhagavad (sita Vedic Society Hindu Temple, Southampton



#### Prarthana

Aum Aum Aum
Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai Tejasvina Vadhi Tamastu Maa Vidvishavahai Aum Shanti Shanti Shantihi

## Chapter 3

Karma Yoga

The Path of Action

## Chapter 3 - Karma Yoga

- Control of the senses by the Mind
- Engage organs of action
- Natural law of Sacrifice (Yagna)
- Yagna spirit
- Service to the Supreme, attitude of gratitude
- Give and share generously
- Wheel of Action
- The Self-realized rejoices in the Self
- Role models

#### Verse 3.25 & 3.26



saktah karmany avidvamso yatha kurvanti bharata kuryad vidvams tathasaktas cikirsur loka-sangraham

V3.25

As ordinary people perform their duties with attachment to results, similarly the wise may also act, but without attachment, for the sake of leading people on the right path.

na buddhi-bhedam janayed ajnanam karma-sanginam josayet sarva-karmani vidvan yuktah samacaran

V3.26

Let not the wise confuse the minds of the ordinary people who are attached to fruitive action. They should not be encouraged to refrain from work, but to engage in work in the spirit of devotion.



prakrteh kriyamanani gunaih karmani sarvasah ahankara-vimudhatma kartaham iti manyate

V3.27
The forces of Nature (Gunas) do all the work, but deluded by the ego, people assume themselves to be the doer.



tattva-vit tu maha-baho guna-karma-vibhagayoh guna gunesu vartanta iti matva na sajjate

V3.28

But he who knows the Truth, O Mighty armed (Arjuna) about the divisions of the qualities and their functions, knowing that the gunas as senses move amidst the gunas as the sense-objects, is not attached.

# Bhagavad Gita Questions & Comments



### Bhagavad Gita Next class 30 March 2023 at 7:30pm



### Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya Sarve Bhadrani Pashyantu, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya Tamaso Ma Jyotir Gamaya Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate, Poornasya Poornam-adaya, Poornam-eva Vashisyate. Aum Shanti Shanti Shantihi