

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 3

Karma Yoga

The Path of Action

Chapter 2

v47 Karma Yoga

- You have a right to do your duty
- You have no right to the fruits of action
- Do not let the fruits of action be your motive
- Not be attached to not doing your duty (inaction)

Chapter 3 - Karma Yoga

- Control of the senses by the Mind
- Engage organs of action
- Perform prescribed duty as a sacrifice - 'yagna spirit'
- Selfless service as a yagna (sacrifice) will not bind
- Do your duty as a service to the Supreme
- For the good of humanity
- Free from all selfish attachments
- Natural law of Sacrifice (Yagna)

Verse 3.11 to 3.13



Verse 3.1.1

devan bhavayatanena
te deva bhavayantu vah
parasparam bhavayantah
sreyah param avapsyatha

V3.11

The devas, being pleased by sacrifices, will also please you;
thus nourishing one another, you shall gain the Highest Good.

Verse 3.12

istan bhogan hi vo deva
dasyante yajna-bhavitah
tair dattan apradayaibhyo
yo bhunkte stena eva sah

V3.12

The devas, nourished by the sacrifice, will give you the desired objects.
Indeed, he who enjoys objects given by the Devas, without offering to
them in return is a thief.

Verse 3.13

yajna-sistasinah santo
mucyante sarva-kilbisaih
bhunjate te tv agham papa
ye pacanty atma-karanat

V3.13

The devotees of the Lord are released from all kinds of sins because they eat food which is offered first for sacrifice. Others, who prepare food for personal sense enjoyment, verily eat only sin.

Pancha Maha Yagna (5 Sacred Karma)

1. Brahma Yagna

Study the scriptures and teach them to others

2. Deva Yagna

Daily worship of God. Treat Nature with respect.

3. Pitru Yagna

Respect and look after parents. Remember the past generations

4. Manushya Yagna

Take care of people. Look after guests, neighbours and others

5. Bhuta Yagna

Care of other creatures - Plants, Animals and Birds

Verse 3.14 & 3.15



Verse 3.14 & 3.15

annad bhavanti bhutani parjanyaad anna-sambhavah
yajnad bhavati parjanyo yajnah karma-samudbhavah
karma brahmodbhavam viddhi brahmaksara-samudbhavam
tasmad sarva-gatam brahma nityam yajne pratisthitam

V3.14

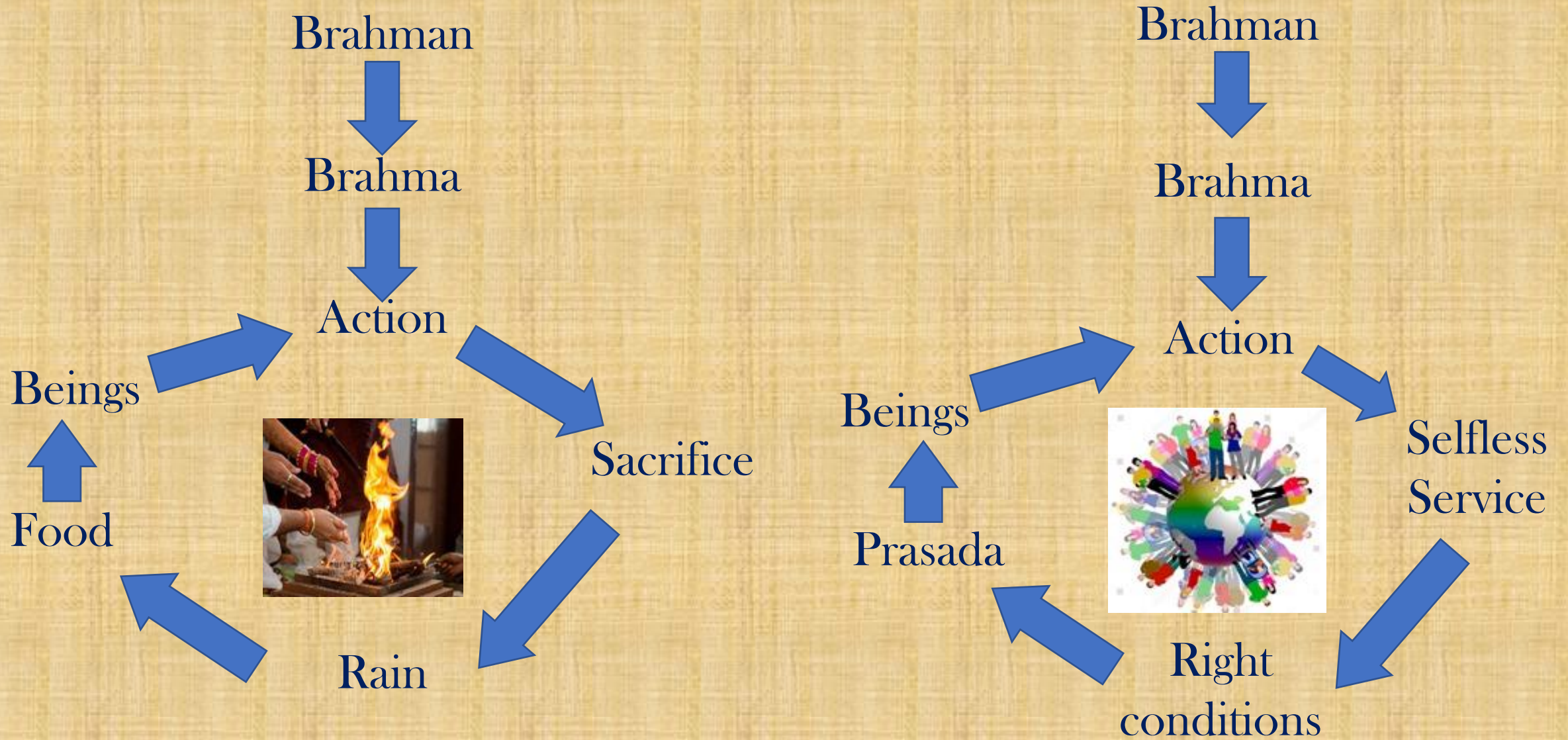
From food comes forth beings; from rain food is produced;
from sacrifice arises rain, and sacrifice arises from action.

V3.15

Know that action comes from Brahma (the Creator) and
Brahma comes from the Imperishable.

Therefore the all-pervading Brahman is eternally situated in acts of sacrifice.

Verse 3.14 & 3.15 - Wheel of Action



Verse 3.16



उत्सीदेषुरिमे लोकाः
न कुर्यात् कर्म चेदहम् ।
साधुरस्य च कर्ता स्यात्
उपाहन्यामिमाः प्रजाः ॥ ३-२६ ॥

utśīdeṣurime lokāḥ
na kuryāt karma cedaham |
sādhusasya ca kartā syāt
upāhanṣāmimāḥ prajāḥ || 3-26 ||

Verse 3.16

evam pravartitam cakram
nanuvartayatiha yah
aghayur indriyaramo
mogham partha sa jivati

V3.16

My dear Arjuna, the one who does not follow this wheel of sacrifice
certainly leads a life of sin,
for a person delighting only in the senses lives in vain.

Bhagavad Gita

Questions & Comments



Bhagavad Gita

Next class 9 March 2023 at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyant, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi