

Bhagavad Gita

Vedic Society Hindu Temple,
Southampton



Prarthana

Aum Aum Aum

Aum Vasudevasutam Devam, Kansa Chanura Mardanam
Devaki Paramanandam, Krushnam Vande Jagadguru

Guru Brahma Guru Vishnu, Guru Devo Maheshvarah
Guru Sakshat Parabrahma, Tasmai Shri Gurave Namah

Aum Saha Navavatu Saha Nau Bhunaktu Saha Viryam Karavavahai
Tejasvina Vadhi Tamastu Maa Vidvishavahai
Aum Shanti Shanti Shantihi

Chapter 2

Sankhya Yoga

The Path of Knowledge

Chapter 2 – Sankhya Yoga

v1 to 11 Arjuna surrenders to Krishna

v12 to 30 Atman Gyan – Knowledge of the Self
Eternal, Unchanging, Indestructible, All pervading
Not the doer, Reincarnation

v31 to 38 How to act in this world
Do your duty

Verse 2.31 & 2.32



Verse 2.31

sva-dharmam api caveksya na
vikampitum arhasi
dharmyad dhi yuddhac chreyo 'nyat
ksatriyasya na vidyate

V2.31

Looking at your own duty you should not hesitate.
There is nothing higher for a Kshatriya than a righteous war.

Sva-Dharma

Sva Dharma is my Dharma

4 Varna - Classes of Occupation or castes

Brahmins - Priests, Teachers

Kshatriya - Royalty, Soldiers, Administrators, Politicians

Vaishya - Traders, Farmers

Sudra - Labourers, Manual workers

4 Ashram - Stations of Life

Brahmachari - Student

Grihasta - Householder

Vanaprastha - Retired - Forest dweller

Sannyasin - Monastic Life

Verse 2.32

yadrcchaya copapannam
svarga-dvaram apavrtam
sukhinah ksatriyah partha
labhante yuddham idrsam

V2.32

O Partha, happy are the kshatriyas to whom such fighting opportunities come unsought, opening for them the doors to heaven.

Verse 2.33



Verse 2.33

atha cet tvam imam dharmyam
sangramam na karisyasi
tatah sva-dharmam kirtim ca
hitva **papam** avapsyasi

V2.33

But if you don't fight this righteous war then you are abandoning your duty and fame, you will incur **sin**.

Verse 2.33

V2.33

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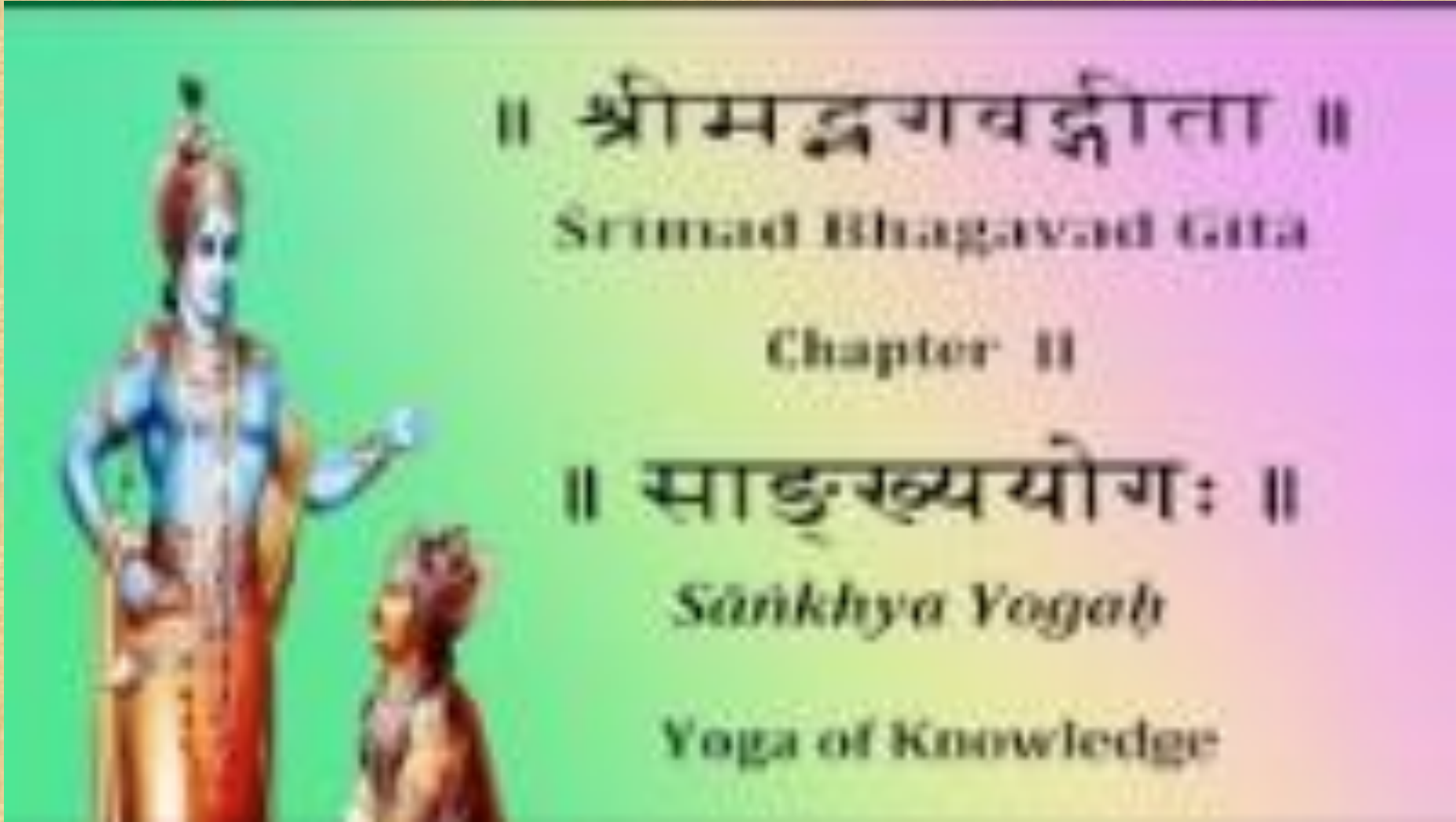
Acting in Dharma gives Punya - merit and results in happiness - Sukham

Acting in Adharma gives Pappum - de-merit and results in suffering - Dukham.

Sin or Pappum in Hinduism is a mistake of the mind in which it acts contrary to its essential nature as the Self.

This causes agitations in the mind and makes it difficult to meditate.

Verse 2.34



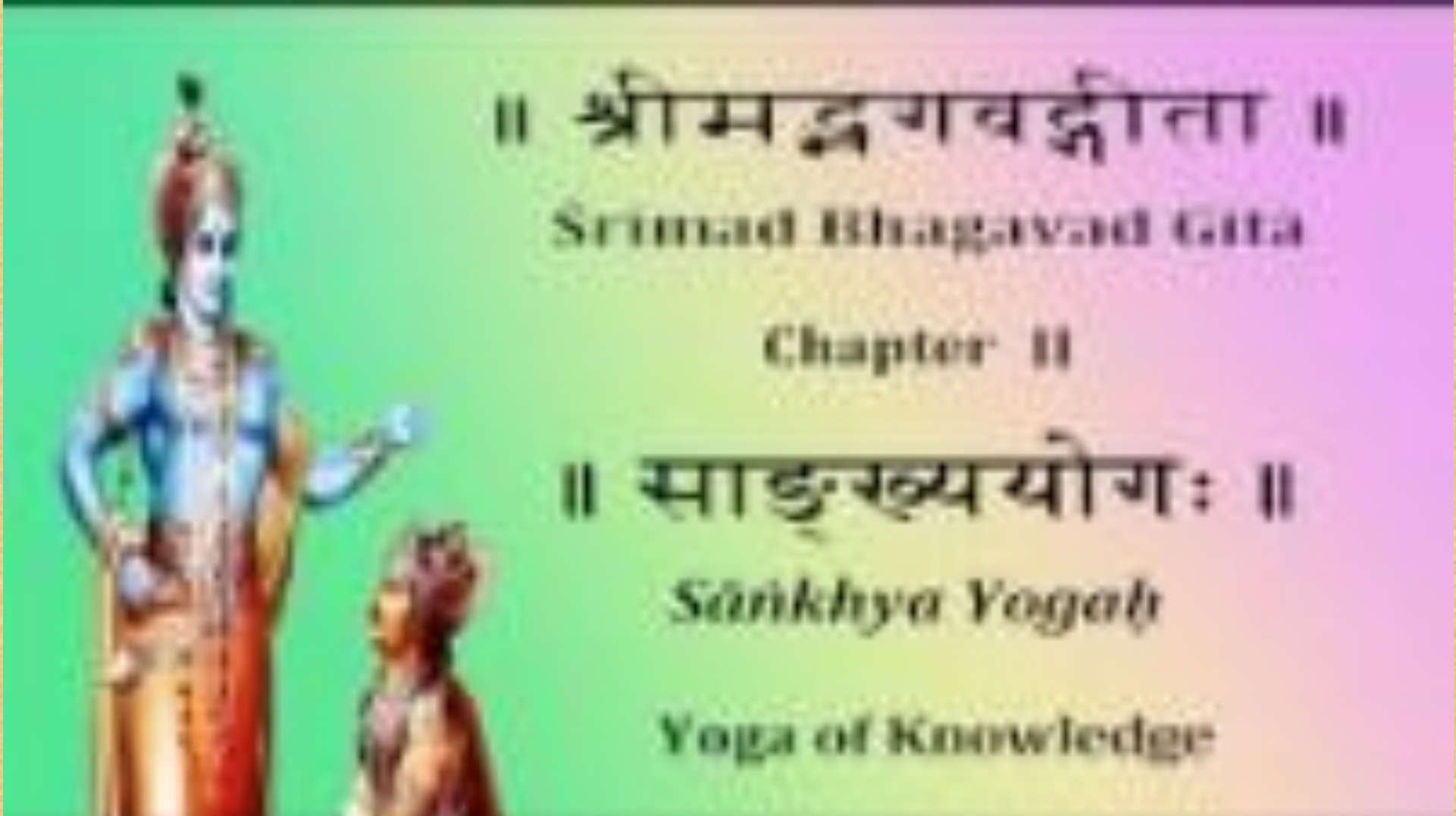
Verse 2.34

akirtim capi bhutani
kathayisyanti te 'vyayam
sambhavitasya cakirtir
maranad atiricyate

V2.34

People will recount your everlasting dishonour and to the one who has been honoured, dishonour is worse than death.

Verse 2.35



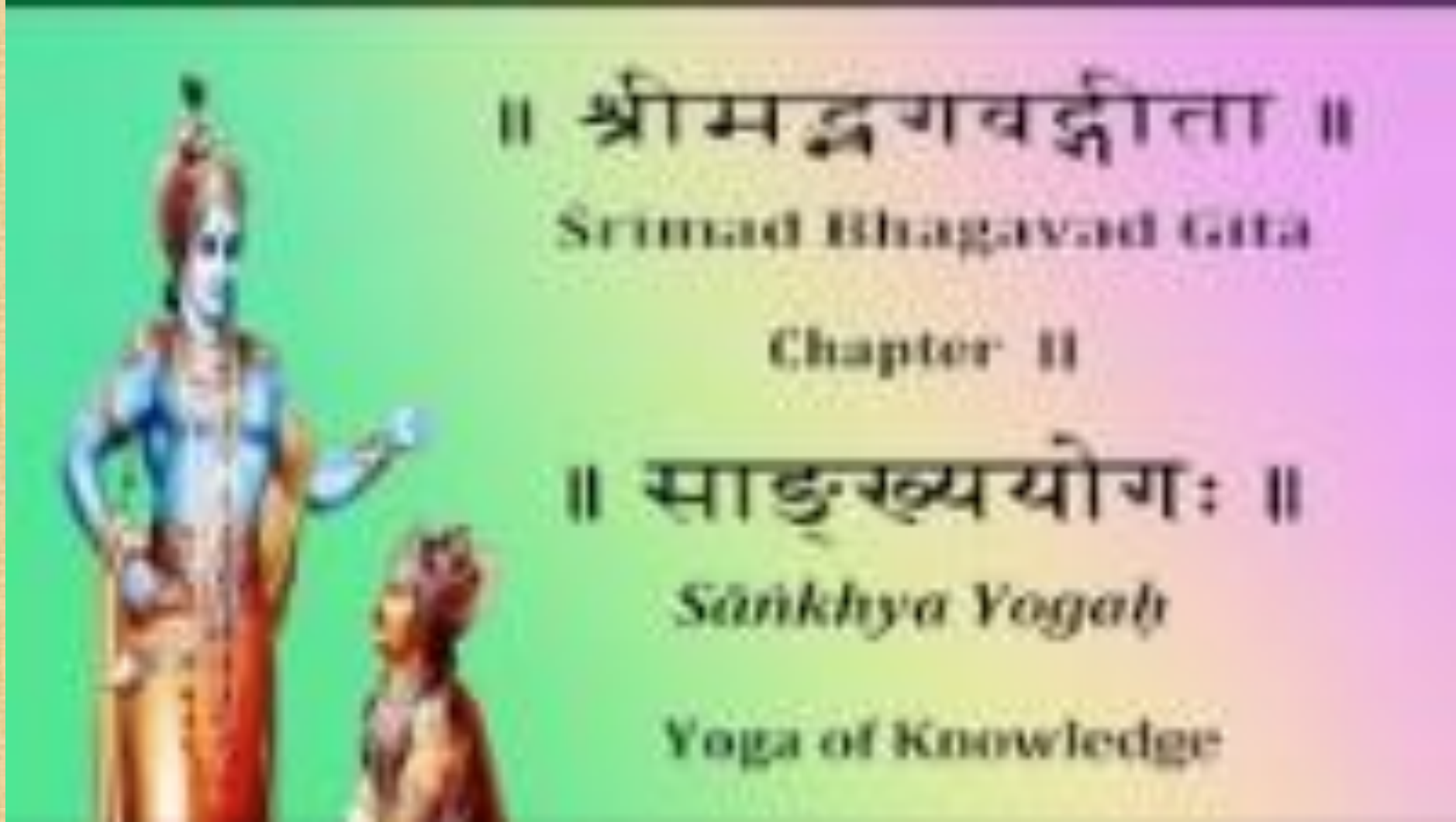
Verse 2.35

bhayad ranad uparatam
mamsyante tvam maha-rathah
yesam ca tvam bahu-mato
bhutva yasyasi laghavam

V35

Great generals will think you withdrew from battle due to fear. You will be looked down upon by those who had thought much of you and your heroism in the past.

Verse 2.36



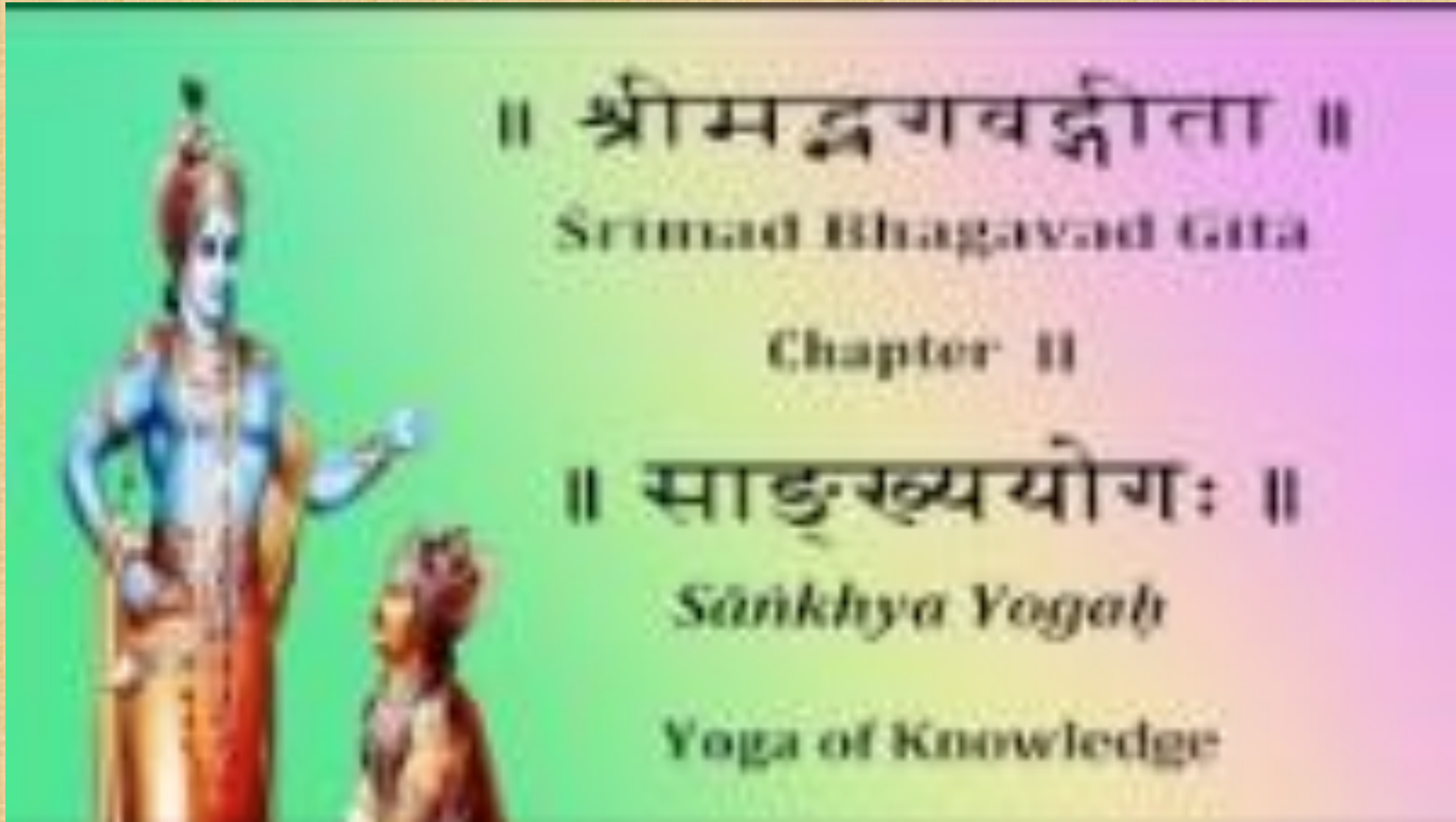
Verse 2.36

avacya-vadams ca bahun
vadisyanthi tavahitah
nindantas tava samarthyam
tato dukhatarāṃ nu kim

V2.36

Your enemies will describe you in many unkind words and scorn your ability.
What could be more painful for you?

Verse 2.37



Verse 2.37

hato va prapsyasi svargam
jitva va bhoksyase mahim
tasmad uttistha kaunteya
yuddhaya krta-niscayah

V2.37

Slain you will reach Heaven.

If victorious you enjoy the earth.

Therefore, stand up and fight.

Verses 2.6

na caitad vidmah kataran no gariyo yad va jayema yadi va no jayeyuh
yan eva hatva na jijivisamas te 'vasthitah pramukhe dhartarastrah

V 2.6

I can scarcely say which will be better;

conquering them or being conquered by them.

If we killed the sons of Dhritarashtra we should not care to live.

Yet they are now standing before us on the battlefield.

Verse 2.37

hato va prapsyasi svargam
jitva va bhoksyase mahim
tasmad uttistha kaunteya
yuddhaya krta-niscayah

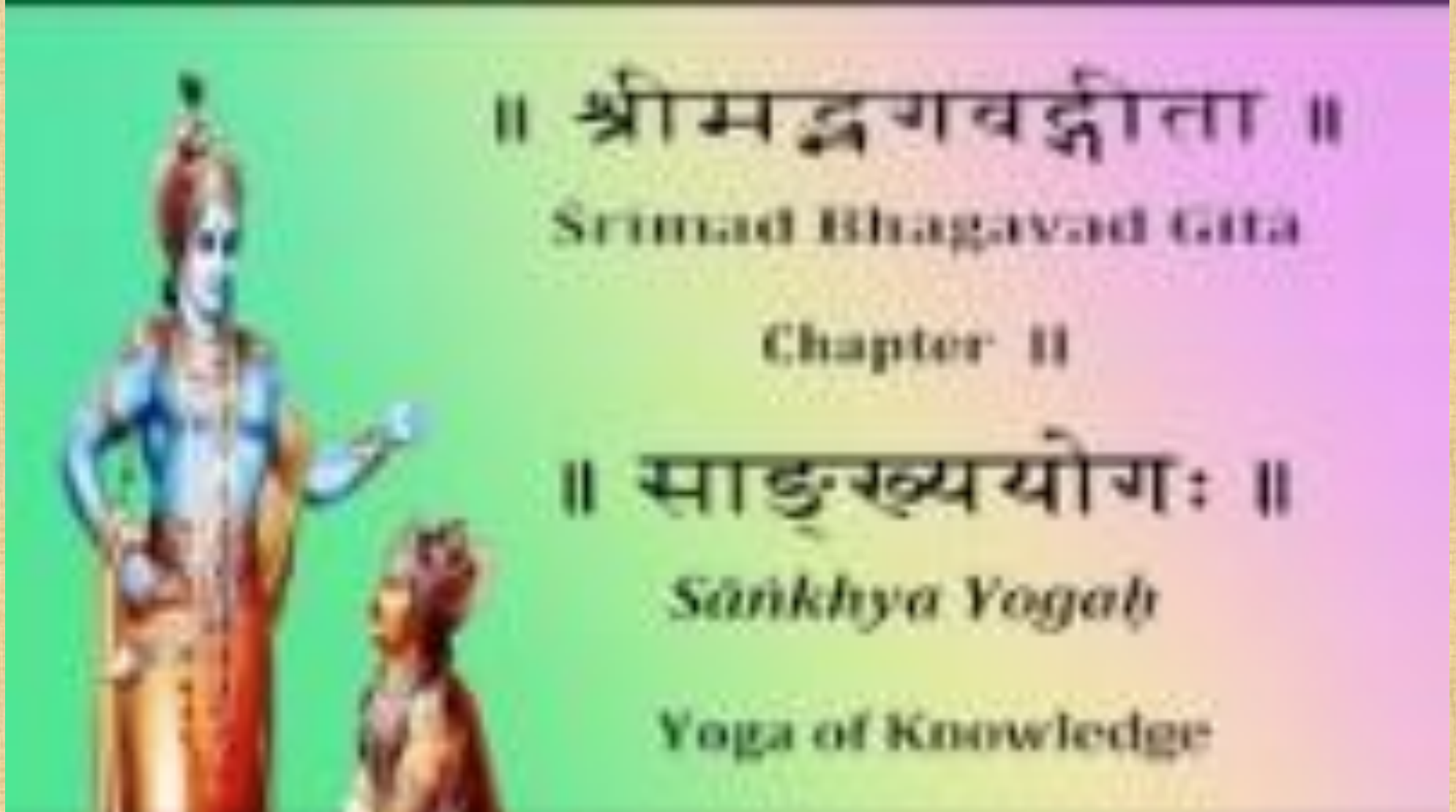
V2.37

Slain you will reach Heaven.

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Therefore, stand up and fight.

Verse 2.38



Verse 2.38

sukha-duhkhe same krtva
labhalabhau jayajayau
tato yuddhaya yujyasva
naivam papam avapsyasi

V2.38

Having made pleasure and pain, gain and loss, victory and defeat the same, engage in battle for the sake of the battle; thus you shall not incur sin.

Verse 1.36

What pleasure will we derive from killing these sons of Dhritarashtra,, O Janardana - Maintainer of all living beings?
Sin alone will be our gain by killing these felons.

Verse 2.38

sukha-duhkhe same krtva
labhalabhau jayajayau
tato yuddhaya yujyasva
naivam papam avapsyasi

V2.38

Having made pleasure and pain, gain and loss, victory and defeat the same, engage in battle for the sake of the battle; thus you shall not incur sin.

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Questions & Comments



Bhagavad Gita

Next class 3 November at 7:30pm



Closing Prarthana

Aum Sarve Bhavantu Sukhina, Sarve Santu Niramaya
Sarve Bhadrani Pashyantu, Ma Kashchid Dukha Bhak Bhavet

Asato Ma Sat Gamaya
Tamaso Ma Jyotir Gamaya
Mrityor Ma Amritam Gamaya

Aum Poornam-adah Poornam-idam, Poornat Poornam Udachyate,
Poornasya Poornam-adaya, Poornam-eva Vashisyate.
Aum Shanti Shanti Shantihi